



Getting to the heart  
of aortic stenosis  
treatment options



Edwards



## Benefits of TAVI and sAVR

### TAVI



Only requires a small incision<sup>5,6</sup> which leaves a small wound that heals more easily than surgery wounds and is less likely to become infected.<sup>7</sup>



Has a shorter recovery period<sup>8,9</sup> that may mean you are back on your feet sooner



In some cases, can be performed under local anaesthesia with conscious sedation,<sup>10</sup> which can also help get you home faster<sup>11</sup>

### sAVR



This was the only option available for replacing the aortic valve for decades,<sup>4,6,12</sup> making it a well established treatment<sup>13</sup>



It is a well-established procedure with favourable results and a good prognosis<sup>13</sup>

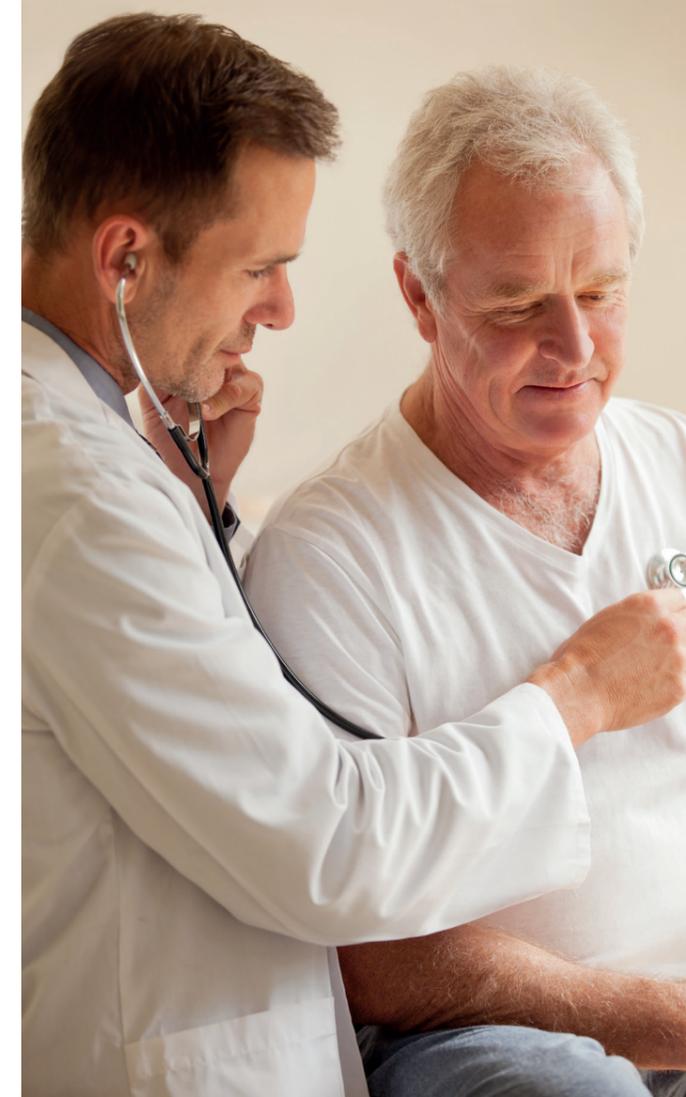
## Things to tell your doctor before a treatment decision is made

Your Heart Team will consider your health when making a recommendation. Tell your doctor if you have a history of any of the following:



- Stroke
- Abnormal heart rhythm
- Prior open heart surgery
- Poor circulation
- Frailty (weakness)
- Narrow blood vessels
- Lung condition
- Kidney failure
- Diabetes

This is not a comprehensive list of all possible treatment considerations. Please speak to your doctor for more information.





## Which treatment could be best suited to you?

TAVI and sAVR can impact your recovery and your life after treatment in various ways.<sup>14</sup> Here are a few things you can discuss with your doctor to help your Heart Team to determine the most suitable treatment to recommend:



How each procedure will affect your lifestyle<sup>15</sup>



Life goals and what each treatment means for your future<sup>15</sup>



Activities you would like to continue to be able to do



Scan for more guidance on discussing treatment options with your doctor



## Other questions to ask your doctor about TAVI and sAVR

- What makes TAVI and sAVR different?
- Could TAVI be an appropriate procedure for me?
- What tests are used to determine the most suitable treatment for me?
- What signs or symptoms should I look out for while I am awaiting treatment?
- What will happen if I don't get my aortic valve replaced?
- How long will I be in the hospital for TAVI or sAVR?
- What is the recovery like after TAVI or sAVR?
- How will TAVI or sAVR affect my life following treatment?
- How will TAVI or sAVR affect my condition?
- What restrictions and/or medications, if any, would I be on after treatment?
- How frequently will I need to have follow-up appointments after treatment?



