I'VE LIVED A BIG LIFE.

Heart valve failure

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TAVR Info Kit

Ask about TAVR (transcatheter aortic valve replacement), a less invasive way to treat severe aortic stenosis once symptoms have begun (heart valve failure).



Edwards Lifesciences





Severe aortic stenosis is also known as heart valve failure.

Don't let fixable become fatal, especially when there's TAVR

Up to 1.6 million adults in the US have severe aortic stenosis – also known as heart valve failure.

With heart valve failure, waiting is the worst thing you can do. Once you're experiencing symptoms – like feeling tired or short of breath – it might not just be your age. Your body is sending warning signs that you may be in danger. It's time to talk to your doctor about TAVR (transcatheter aortic valve replacement).

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What you should know about heart valve disease and heart valve failure



Aortic stenosis is a deadly type of heart valve disease and most common in people over 65.

For some, calcium buildup on the aortic valve is a normal part of aging. Aortic stenosis occurs when the flaps (or leaflets) of the aortic valve become stiff due to calcium buildup over time, preventing them from properly opening and closing.

After age 75, more than 1 out of 8 people have a moderate to severe form of aortic stenosis or another type of heart valve disease.



Watch the "What Is Heart Valve Disease?" video here.



Because heart valve disease is progressive, it will only get worse over time. **Untreated, it can become severe. This is known as "heart valve failure," and it can put your life at risk.**

With heart valve failure, waiting can be deadly

If you've been diagnosed with heart valve failure, this is no time to wait. The American College of Cardiology and the American Heart Association recommend that patients receive treatment if they are having symptoms and have been diagnosed with severe aortic stenosis.

Once symptoms start, people with heart valve failure who don't replace their failing aortic valve are at risk:



Medication alone will not treat heart valve failure

Medication can only do so much to control your symptoms. Once heart valve disease turns severe, the condition will continue to get worse until you have your valve replaced.

If it's heart valve failure, you have options; waiting isn't one of them



Two ways to fix your aortic valve

TAVR (transcatheter aortic valve replacement) and SAVR (surgical aortic valve replacement) – also called open heart surgery – are both ways to replace your heart valve. They reduce your risk of death from heart valve failure and provide relief from your symptoms. There are key differences between them.

SAPIEN 3 TAVR is proven superior to surgery in low-risk patients at 1 year – and proven equally effective at 5 years.*

*The PARTNER 3 Trial, SAPIEN 3 TAVR proven superior to surgery on the primary endpoint of all-cause death, all stroke, and rehospitalization (valve-related or procedure-related and including heart failure) at one year, and multiple pre-specified secondary endpoints in low risk patients.

PARTNER 3 Trial 5-Year Results in low-risk patients – Low rates of cardiovascular mortality through five years (5.5% SAPIEN 3 TAVR to 5.1% SAVR). Low rates of all-cause mortality through five years (10.1% SAPIEN 3 TAVR vs. 8.2% with SAVR). Low rates of disabling stroke through five years (2.9% SAPIEN 3 TAVR to 2.7% SAVR). Low rates of stroke through five years (5.8% SAPIEN 3 TAVR vs. 6.4% SAVR). Lower rates of rehospitalization with SAPIEN 3 TAVR through five years (13.7% vs. 17.4%).

	TAVR Less invasive procedure	SAVR Open heart surgery
Shorter procedure time		×
Shorter recovery time		×
Shorter hospital stay		×
Less painful procedure		\times
Relief of symptoms		
Improved life expectancy		
Improved heart function		ſ∑ (

Deciding between TAVR and SAVR?

<u>Watch</u> how another patient made their decision.

TAVR's benefits are clear

- Unlike open heart surgery, TAVR does not involve opening the chest
- After TAVR, most patients have a short recovery time and return home the next day, getting them back to everyday activities quickly

TAVR uses a small catheter, or tube with a balloon on the end, that is pushed through an artery to the heart to place a new valve within a diseased aortic valve. The balloon is inflated to expand the replacement valve. Once the new valve is anchored in place, it begins working right away.



The most serious risks of TAVR include death, stroke, serious damage to the arteries, or serious bleeding.



The average TAVR procedure takes around 1 hour.

TAVR is a minimally invasive way to get back to the life you want

Most patients:



Are up and walking in a few hours



Have a short recovery time and go home the next day



Are back to feeling like themselves in as little as 30 days

1 hour

Are done with the procedure in about an hour



People who have had TAVR say they're still feeling and living better, even several years after the procedure.

HARRY REAL TAVR PATIENT

Over the past decade, TAVR has become the preferred treatment for people with severe aortic stenosis who are experiencing symptoms¹

All patients diagnosed with heart valve failure including symptomatic patients with bicuspid aortic valves (abnormal heart valves that have 2 leaflets instead of the typical 3) and high risk for surgery patients who need to replace their existing artificial valve (valve-in-valve procedure) should ask for a TAVR evaluation.

1. Madhavan MV, Kodali SK, Thourani VH, et al. Outcomes of SAPIEN 3 transcatheter aortic valve replacement compared with surgical valve replacement in intermediate-risk patients. J Am Coll Cardiol. 2023;82(2):109-123.

Want to hear the story of a real TAVR patient? Visit <u>TreatHeartValveFailure.com/PatientStories</u>

Your Heart Valve Team evaluation

Once you're diagnosed with heart valve failure, you should be evaluated by a Heart Valve Team to determine whether TAVR is an option – especially if you have symptoms.

A Heart Valve Team is made up of qualified healthcare professionals who specialize in the treatment of heart valve failure. They'll work closely with your cardiologist and primary care physician.

A Heart Valve Team includes:

- Interventional cardiologists
- Imaging specialists

Cardiac surgeons

• Valve Clinic Coordinators

JOY REAL TAVR PATIENT

Take action with TAVR. Find your Heart Valve Team. If you are experiencing symptoms of heart valve failure, it's critical to meet with a Heart Valve Team right away at <u>TreatHeartValveFailure.com/Find</u>





The evaluation may include these tests:



Echocardiogram (echo) — noninvasive test that takes pictures of your heart



Stress test — involves walking on a treadmill or riding a stationary bike while your heart is monitored to show how your heart works during physical activity



Chest X-ray — shows the size and shape of your lungs and heart



Cardiac catheterization — shows the blood pressure and blood flow within your heart

These tests help the Heart Valve Team create a treatment plan for you.



After locating your Heart Valve Team, talk with the Valve Clinic Coordinator at your TAVR hospital about getting evaluated for TAVR.

Is TAVR right for you?

To find out, ask a Heart Valve Team

All patients with heart valve failure should ask for a TAVR evaluation with a Heart Valve Team at a TAVR hospital.

During your evaluation, your Heart Valve Team will consider these factors:

- Your medical history
- Your age
- Your current health status
- Your ability to undergo the procedure and recover from it
- The overall condition of your heart

<u>**Click here**</u> to watch this video and see how TAVR treats heart valve failure.





You should feel confident in your loved one's treatment plan. If their cardiologist is recommending open heart surgery – and you're feeling unsure – it's OK to ask for an evaluation from a Heart Valve Team.

Get evaluated by a Heart Valve Team

Take an active role in your health. Find out if you qualify for TAVR today.

TAVR can only be performed by a trained Heart Valve Team at certain hospitals across the country.

How to ask your doctor to refer you to a Heart Valve Team:

- List all of your questions (try to prioritize for time)
- Be honest about how you're feeling tell your doctor about any new or worsening symptoms
- Ask about all treatment options, including TAVR
- Based on your discussion, ask if TAVR is right for you

All patients diagnosed with heart valve failure including symptomatic patients with bicuspid aortic valves (abnormal heart valves that have 2 leaflets instead of the typical 3) and high risk for surgery patients who need to replace their existing artificial valve (valve-in-valve procedure) should ask for a TAVR evaluation.

A visit to the doctor's office is about more than listening to what you're told. It's about getting the information you need to make an informed decision. **Get more info at <u>TreatHeartValveFailure.com/TAVR</u>**

TAVR procedure: What to expect

Before the procedure:

- It's OK to be nervous. Your Valve Clinic Coordinator will tell you how to prepare for your procedure and your Heart Valve Team will review the risks and benefits
- You'll need to get a dental clearance because dental infections can spread to your heart valve

During the procedure:

- Your TAVR Specialist will decide what type of anesthesia is best for you. You may be asleep or awake and medicated while your valve is replaced
- Expect your doctor to make a small incision (cut), often in the leg, and insert a thin tube called a catheter into the artery. They will then guide the catheter, which is carrying the new valve on a balloon, up to the heart. The balloon is inflated to expand the new valve and push the leaflets aside. The new valve attaches to the calcification of the old diseased valve's leaflets and is anchored in place
- Your new heart valve will begin working immediately
- On average, the TAVR procedure is about an hour

After the procedure:

- Recovery time and time in the hospital are different for each patient
- Most patients get to go home the next day and recover faster compared to open heart surgery
- Your TAVR Heart Valve Team can tell you how long your hospital stay will be after your procedure
- Most people experience symptom relief and can get back to everyday activities in as little as 30 days

Why choose Edwards TAVR valves?



The Edwards transcatheter heart valve has been tested in a laboratory to mimic 5 years of use without failure. Regular follow-ups will help your doctor know how your valve is working.

- The TAVR valve is designed to work just like the one inside your body and begins to work immediately once implanted
- Edwards TAVR has better outcomes than open heart surgery in low-risk patients after 1 year and is equally effective after 5 years*
- Edwards SAPIEN 3 TAVR valves are not one size fits all. They come in 4 sizes to meet the individual needs of each patient

*The PARTNER 3 Trial, SAPIEN 3 TAVR proven superior to surgery on the primary endpoint of all-cause death, all stroke, and rehospitalization (valve-related or procedure-related and including heart failure) at one year, and multiple pre-specified secondary endpoints in low risk patients.

PARTNER 3 Trial 5-Year Results in low-risk patients – Low rates of cardiovascular mortality through five years (5.5% SAPIEN 3 TAVR to 5.1% SAVR). Low rates of all-cause mortality through five years (10.1% SAPIEN 3 TAVR vs. 8.2% with SAVR). Low rates of disabling stroke through five years (2.9% SAPIEN 3 TAVR to 2.7% SAVR). Low rates of stroke through five years (5.8% SAPIEN 3 TAVR vs. 6.4% SAVR). Lower rates of rehospitalization with SAPIEN 3 TAVR through five years (13.7% vs. 17.4%).



Over 1 million patients around the world have been treated with Edwards SAPIEN TAVR valves.

Insurance coverage and TAVR

Your Valve Clinic Coordinator will help you with any questions you have about TAVR, including your insurance coverage and financial needs.

Contact your insurance provider before meeting with your Heart Valve Team to find out if the evaluation and TAVR procedure are covered. A referral is sometimes needed.

Medicare covers TAVR for those who meet certain risk criteria.

HARRY REAL TAVR PATIENT

Helpful resources

Taking control of your health can help you get the care you need. Free resources are available below for you and your loved ones to better understand heart valve failure and the TAVR procedure.



General resources

For information on heart valve failure and TAVR, along with patient stories, go to **<u>TreatHeartValveFailure.com</u>**



Caregiver resources

For caregiver support, visit the Family Caregiver Alliance at **caregiver.org**



Financial resources

If you need free professional assistance to help navigate insurance and reimbursement, visit **<u>structuralheart.pafcareline.org</u>** or call **(800) 532-5274**



Patient support line

Figuring out the next steps in treating heart valve failure may feel overwhelming. Edwards Patient Team is here to support you. For more information, please call (888) 713-1564

Need more resources? Visit <u>TreatHeartValveFailure.com/Resources</u>

Frequently asked questions

How serious is heart valve failure?

About 1 in 10 people may die within 5 weeks once their symptoms start if they don't replace their failing heart valve. If you have been diagnosed with heart valve failure and have symptoms, talk to your doctor right away about your treatment options.

How long until I need my valve replaced?

The progression of heart valve failure is different for everyone, and only your doctor will be able to assess the severity of your condition. But once your doctor recommends a valve replacement, not receiving treatment could prove fatal in as little as a few weeks.

Over 98% of TAVR recipients did not require a valve reintervention after 10 years of receiving their valve.*

What are the treatment options for heart valve failure?

Your doctor may prescribe medicine to help control your symptoms. However, it's important to know the only effective way to treat heart valve failure is by replacing your valve.

What if my doctor doesn't refer me to a Heart Valve Team?

If your current doctor does not think TAVR is an option for you, you may still contact a Valve Clinic Coordinator at a TAVR hospital to receive a second opinion. One of your most important rights is the ability to consult with another doctor to confirm a diagnosis and find possible treatment options available to you.

*Based on Medicare claims data which may underestimate the actual event rate.

Stay in the know about heart valve failure. <u>Sign up for Heart Valve Strong</u>.

How can I find a Heart Valve Team?

Visit **TreatHeartValveFailure.com/Find** to locate a Heart Valve Team near you, or ask your doctor for a referral.

How could I benefit from TAVR?

With the less invasive TAVR procedure, people may return to daily activities sooner than with open heart surgery. People who undergo TAVR report improved quality of life following the procedure. Other TAVR benefits include a short hospital stay, relief of symptoms (sometimes immediately), improved heart function, and reduced pain and anxiety.

Don't let fixable become fatal

Ask your doctor for a TAVR evaluation by a Heart Valve Team.

Visit <u>TreatHeartValveFailure.com</u>

Important Risk Information

Edwards SAPIEN 3, Edwards SAPIEN 3 Ultra, and Edwards SAPIEN 3 Ultra RESILIA Transcatheter Heart Valve System

Indications:

The Edwards SAPIEN 3, SAPIEN 3 Ultra, and SAPIEN 3 Ultra RESILIA Transcatheter Heart Valve system is indicated for relief of aortic stenosis in patients with symptomatic heart disease due to severe native calcific aortic stenosis who are judged by a Heart Team, including a cardiac surgeon, to be appropriate for the transcatheter heart valve replacement therapy.

The Edwards SAPIEN 3, SAPIEN 3 Ultra, and SAPIEN 3 Ultra RESILIA Transcatheter Heart Valve system is indicated for patients with symptomatic heart disease due to a failing (stenosed, insufficient, or combined) surgical or transcatheter bioprosthetic aortic valve, or a native mitral valve with an annuloplasty ring who are judged by a heart team, including a cardiac surgeon, to be at high or greater risk for open surgical therapy (i.e., predicted risk of surgical mortality \geq 8% at 30 days, based on the Society of Thoracic Surgeons (STS) risk score and other clinical co-morbidities unmeasured by the STS risk calculator).

The Edwards SAPIEN 3, SAPIEN 3 Ultra, and SAPIEN 3 Ultra RESILIA Transcatheter Heart Valve system is indicated for patients with symptomatic heart disease due to a failing (stenosed, insufficient, or combined) surgical bioprosthetic mitral valve who are judged by a heart team, including a cardiac surgeon, to be at intermediate or greater risk for open surgical therapy (i.e., predicted risk of surgical mortality \geq 4% at 30 days, based on the Society of Thoracic Surgeons (STS) risk score and other clinical co-morbidities unmeasured by the STS risk calculator).

Contraindications (Who should not use):

The Edwards SAPIEN 3, Edwards SAPIEN 3 Ultra and SAPIEN 3 Ultra RESILIA Transcatheter Heart Valve System should not be used in patients who:

- Cannot tolerate medications that thin the blood or prevent blood clots from forming.
- Have an active infection in the heart or elsewhere.
- Have a mitral ring that is damaged and can no longer support the valve.

Warnings:

- There may be an increased risk of stroke in transcatheter aortic valve replacement procedures, compared to other standard treatments for aortic stenosis in the high or greater risk population.
- If an incorrect valve size for your anatomy is used, it may lead to heart injury, valve leakage, movement, or dislodgement.
- Patients should talk to their doctor if they have significant heart disease, a mitral valve device or are sensitive to anesthesia, contrast media, cobalt, nickel, chromium, molybdenum, titanium, manganese, silicon, and/or plastics.
- The Edwards SAPIEN 3 Ultra, SAPIEN 3 Ultra RESILIA and SAPIEN 3 valves may not last as long in younger patients, or patients with a disease that results in more calcium in their blood.
- During the procedure, your doctors should monitor the dye used in the body; if used in excess it could lead to kidney damage. X-ray guidance used during the procedure may cause injury to the skin, which may be painful, damaging, and long-lasting.
- Patient's creatinine level should be measured prior to the procedure.
- Patients who have already had a valve replaced should be carefully assessed by their physician prior to receiving a new valve to ensure proper placement of the new valve.
- Injury can occur if the delivery system is not used properly.
- Transcatheter heart valve patients should talk to their physicians about the potential need for medications that thin the blood or prevent blood clots from forming. Patients who do not may be at increased risk of a stroke. Blood-thinning medication may increase the risk of bleeding in the brain (stroke).
- Transcatheter valve replacement is not recommended in previous mitral valve rings that are damaged or have become too rigid.

Precautions:

The long-term durability of the Edwards SAPIEN 3 Ultra, SAPIEN 3 Ultra RESILIA and SAPIEN 3 transcatheter heart valves are not known at this time. Regular medical follow-up is recommended to evaluate how well a patient's heart valve

is performing. Limited clinical data are available for transcatheter aortic valve replacement in patients who are born with an aortic heart valve that has only two leaflets and who are determined to be at low risk for open heart surgery. A patient's anatomical characteristics should be considered by their physicians when using the valve in this patient population. In addition, patient age should be considered as long-term durability of the valve has not been established. Patients who need a dental procedure should be treated post-procedure for heart infection as a precaution.

The safety and effectiveness of the transcatheter heart valves are also not known for patients who have:

- An aortic heart valve that is not calcified, contains only one leaflet, has leaflets with large pieces of calcium that may block the vessels that supply blood to the heart or in which the main problem is that the valve leaks.
- Who have a prosthetic ring in the tricuspid position.
- A heart that does not pump well, has thickening of the heart muscle, with or without blockage, unusual ultrasound images of the heart that could represent irregularities such as a blood clot, a diseased mitral valve that is calcified or leaking, or Gorlin syndrome, a condition that affects many areas of the body and increases the risk of developing various cancers and tumors.
- Low white, red or platelet blood cell counts, or history of bleeding because the blood does not clot properly.
- Diseased, abnormal, or irregularly shaped vessels leading to the heart. Vessels
 which are heavily diseased or too small for the delivery devices, or a large amount
 of calcification at the point of entry.
- Allergies to blood-thinning medications or dye injected during the procedure.
- Whose previously implanted artificial valve or ring is not securely in place or is damaged that could cause it to leak.
- Whose previously implanted valve or ring could block a blood vessel caused from the leaflet partially detaching.

Potential risks associated with the procedure include:

- Death, stroke, paralysis (loss of muscle function), permanent disability, or severe bleeding.
- Risks to the heart, including heart attack or heart failure, sudden loss of heart function, a heart that does not pump well, irregular heartbeat that may result in a need for a permanent pacemaker, chest pain, heart murmur, false aneurysm, recurring aortic stenosis (narrowing), too much fluid around the heart, injury to the structure of the heart.
- Risks to your lungs or breathing, including difficulty breathing, fainting, dizziness, buildup of fluid in or around the lungs, weakness, or inability to exercise.
- Risks involving bleeding or your blood supply, including formation of a blood clot, high or low blood pressure, limited blood supply, a decrease in red blood cells, or abnormal lab values, bleeding in the abdominal cavity, collection of blood under the skin, serious damage to the arteries, severe bleeding in the heart or in the body that could require a transfusion or surgery.
- Additional risks, including life-threatening infection, dislodgement of calcified material, air embolism (air bubbles in the blood vessels), poor kidney function or failure, nerve injury, fever, allergic reaction to anesthesia or dye, reoperation, pain, infection, or bleeding at incision sites, or swelling.

Additional potential risks specifically associated with the use of the heart valves include:

 Valve movement after deployment, blockage or disruption of blood flow through the heart, need for additional heart surgery or emergency heart surgery and possible removal of the Edwards SAPIEN 3 Ultra, SAPIEN 3 Ultra RESILIA and SAPIEN 3 valves, a blood clot that requires treatment, damage to the valve (e.g., wear, breakage, recurring aortic stenosis), valve issues not related to structure (e.g., leakage, inappropriate sizing or positioning, blockage, excess tissue in growth, blood cell damage) or mechanical failure of the delivery system and/or accessories.

CAUTION: Federal (United States) law restricts these devices to sale by or on the order of a physician.

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