HI, I'M YOUR HEART VALVE,

AND WHAT I'VE GOT TO SAY COULD SAVE YOUR LIFE

Heart valve failure* is a deadly form of heart valve disease. It impacts millions of Americans 65 and older.

Ask your doctor to check your heart, before it's too late.

*Also known as severe aortic stenosis.

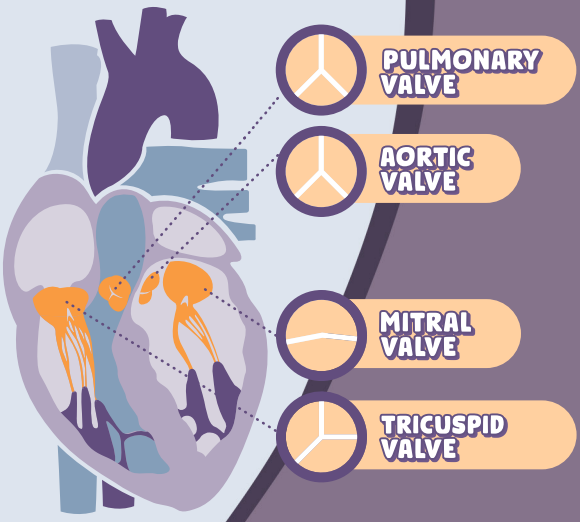


LET'S GET EDUCATED!

SO, WHAT EXACTLY *IS* HEART VALVE DISEASE?

Your heart depends on its 4 valves to help regulate blood flow.

As you get older, you can develop heart valve disease, where 1 or more of your valves may stop working properly. This condition makes it harder for your heart to pump blood through your body.



DID YOU KNOW? NEARLY 11 MILLION PEOPLE IN THE US HAVE HEART VALVE DISEASE



Heart valve disease affects about 1 in 10 people over age 65 and 1 in 8 over 75.

In the US, one of the most common and dangerous types is called aortic stenosis. As it progresses, your valve will fail to fully open and close. **When it gets severe, it's also called heart valve failure.**

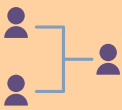
THERE ARE RISK FACTORS YOU NEED TO KNOW

Take it from a heart valve, your age and health history matter.

HAVING EVEN ONE OF THESE PUTS YOU AT HEIGHTENED RISK FOR HEART VALVE FAILURE:



Age
People 65+ are at significantly higher risk



Family history
A family member with prior or existing heart conditions



Infections
Prior infections such as an infection of the heart (endocarditis)



Other conditions
Prior heart conditions, high blood pressure, diabetes, or autoimmune disorders



Radiation to the chest
May cause thickening and narrowing of heart valves

Are you at risk?

FIND OUT NOW!

ScreenHeartValveDisease.com/Risk

RACE? GENDER? AGE? HEART VALVE FAILURE DOESN'T CARE



Heart valve failure can significantly affect women, older adults, and people who live in communities with barriers to care.

HEART VALVE FAILURE DOESN'T MESS AROUND, AND NEITHER SHOULD YOU

Trust me, if you're age 65 or older, screening can save your life. You need to ask your doctor these 3 questions:

1. **CAN YOU LISTEN TO MY HEART FOR A MURMUR?**
   A murmur is a telling sign of heart valve failure.

2. **WHAT ARE MY RISKS FOR HEART VALVE FAILURE?**
   Understanding the causes of heart valve failure and knowing if you're at risk are important.

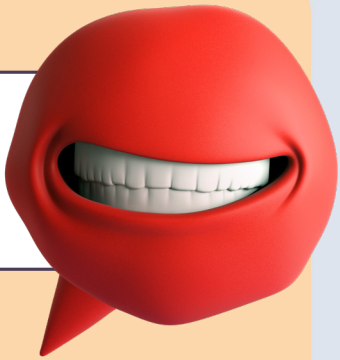
3. **WILL YOU ORDER AN ECHOCARDIOGRAM?**
   If you have any risks for heart valve failure, or your doctor hears a murmur, it's time for an echo (ultrasound of the heart).
   Good news: it's simple, quick, and pain free!



What? Never seen a talking heart valve?

GO GET SCREENED!

OH, GOOD! YOU'RE STILL READING



HAVE HEART VALVE FAILURE? YOU HAVE TREATMENT OPTIONS

You need to act quickly to keep it in check.



Transcatheter procedure
Uses a small tube to replace your valve without opening your chest.



Open heart surgery
Requires an incision in your chest to surgically replace your valve.

WANNA KNOW MORE?

Get the scoop on treatment options:

ScreenHeartValveDisease.com/Options



Over age 65? Asking to get screened for heart valve failure could save your life!

HERE ARE SOME TIPS FOR TALKING WITH YOUR DOCTOR:

1. **LISTEN UP**
   At your next appointment, ask your doctor to listen to your heart for any murmurs.
2. **BE PREPARED**
   Talk to your doctor about any risk factors you may have.
3. **ASK FOR AN ECHO**
   Get this simple exam to help with your doctor's diagnosis.
4. **BE ENGAGED**
   Be an active participant in the conversation about screening and treatment options.

LET'S BE HEART VALVE STRONG TOGETHER

Sign up for heart valve healthy resources:
ScreenHeartValveDisease.com/SignUp

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