

HI, I'M YOUR HEART VALVE,

**AND WHAT I'VE GOT TO SAY
COULD SAVE YOUR LIFE**

Heart valve disease affects millions of Americans over the age of 65. Left untreated, certain kinds can cause irreversible heart damage and put your life at risk.

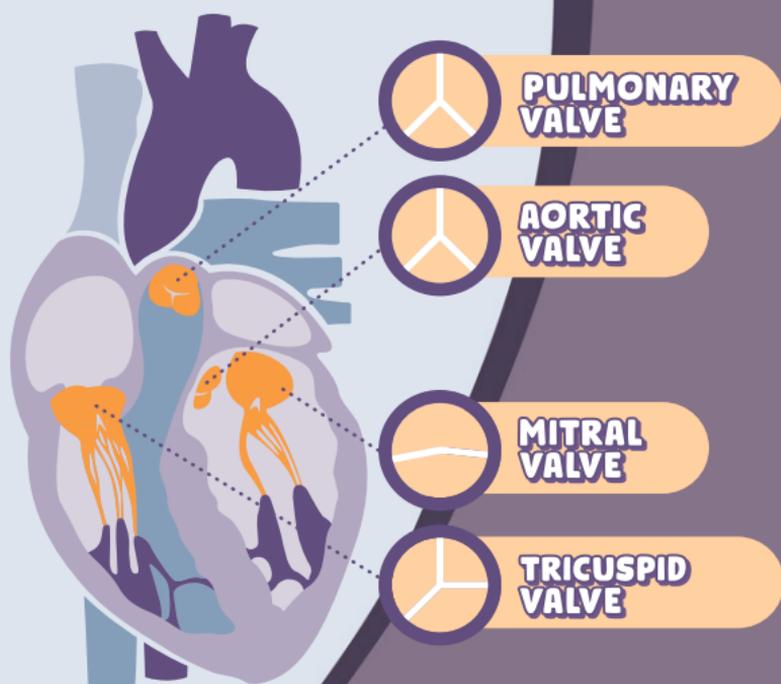


LET'S GET EDUCATED!

SO, WHAT EXACTLY IS HEART VALVE DISEASE?

Your heart depends on its 4 valves to help regulate blood flow.

As you get older, you can develop heart valve disease, where one or more of your valves may stop working properly. This condition makes it harder for your heart to pump blood through your body.



DID YOU KNOW? 11.9 MILLION PEOPLE IN THE U.S. HAVE HEART VALVE DISEASE



The 2 most common types are valve stenosis and valve regurgitation. Both can be deadly if left untreated.

Aortic stenosis is the most dangerous type of heart valve disease. When it becomes severe, your valve will fail to fully open and close—this condition is referred to as severe aortic stenosis, or heart valve failure.

THERE ARE RISK FACTORS YOU NEED TO KNOW

Take it from a heart valve, your age and health history matter.

YOU ONLY NEED ONE OF THESE TO BE AT HEIGHTENED RISK FOR HEART VALVE DISEASE. HAVE MORE? TALK WITH YOUR DOCTOR!



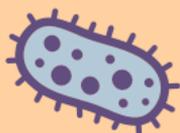
Age

People 65+ are at significantly higher risk



Family history

A family member with prior or existing heart conditions



Infections

Prior infection such as an infection of the heart (endocarditis)



Other conditions

Prior heart conditions, high blood pressure, diabetes, or autoimmune disorders



Radiation to the chest

May cause thickening and narrowing of heart valves

Are you at risk?

FIND OUT NOW!

[Click to learn more →](#)

Or visit:

ScreenHeartValveDisease.com/Risk

**RACE? GENDER? AGE?
HEART VALVE DISEASE DOESN'T CARE**



Underdiagnosis of heart valve disease is a big problem for medically underserved people, including older adults, women, patients receiving Medicaid, and Black, Hispanic, and Asian persons.

HEART VALVE DISEASE DOESN'T MESS AROUND, AND NEITHER SHOULD YOU

Trust me, if you're age 65 or older, screening can save your life. You need to ask your doctor these 3 questions:

1

CAN YOU LISTEN TO MY HEART FOR A MURMUR?

A murmur is a telling sign of heart valve disease.

2

WHAT ARE MY RISKS FOR HEART VALVE DISEASE?

Understanding the causes of heart valve disease and knowing if you're at risk are important.

3

WILL YOU ORDER AN ECHOCARDIOGRAM?

If you have any risks for heart valve disease, or your doctor hears a murmur, it's time for an echocardiogram (ultrasound of the heart). Good news: it's simple, quick, and pain-free!

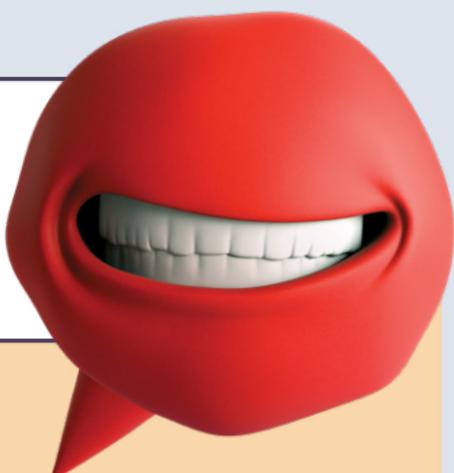


What? Never seen a talking heart valve?

**GO GET
SCREENED!**



**OH GOOD!
YOU'RE STILL
READING**



**WHEN HEART VALVE DISEASE
TURNS INTO HEART VALVE FAILURE...
WE HAVE OPTIONS!**

But you need to act quickly
to keep it in check.



**Transcatheter
procedure**

Uses a small tube to
replace your valve,
without opening
your chest.



Open heart surgery

Requires an incision in
your chest to surgically
replace your valve.

**GET THE SCOOP ON
TREATMENT OPTIONS**

Click to learn more →

Or visit: ScreenHeartValveDisease.com/Options



Over age 65? Asking to get screened for heart valve disease could save your life!

HERE ARE SOME TIPS FOR TALKING WITH YOUR DOCTOR:

1

LISTEN UP

At your next appointment, ask your doctor to listen to your heart for any murmurs.

2

BE PREPARED

Talk to your doctor about any risk factors or symptoms (even subtle ones) you may have.

3

ASK FOR AN ECHO

Ask for an echocardiogram for a formal diagnosis.

4

BE ENGAGED

Be an active participant in the conversation about screening and treatment options.

LET'S BE HEART VALVE STRONG TOGETHER

Sign up for heart valve healthy resources

Click to learn more →

Or visit: ScreenHeartValveDisease.com/Signup

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